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How To Stop Over-Trading



Synopsis

Trading Psychology Course Available at www.traderselfcontrol.com How to Stop Over-Trading is the latest book in the trading psychology series of books by L.R. Thomas. This book zeroes in on the specific reasons traders take trades outside their trading plan and offers simple solutions to stop over-trading forever. The truth is that if a trader consistently trades outside their strategy, even on a demo platform, they are very unlikely to succeed in trading. This book offers simple but effective solutions, just like the other L.R. Thomas trading psychology books 'Control Your Inner Trader' and 'Overcome Your Fear in Trading'. If you are skewing your trading results by taking trades that you shouldn't, then this book could change your trading, for the better, forever.

Book Information

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Customer Reviews

It's kinda just common sense

I don't rate books very often but feel compelled to do so with this one. True story: In three months, I over-traded and gambled away approximately 25% of my life savings. This, despite the market making new highs almost daily. I was in despair, not knowing what to do. This book gives me hope.

It gives me strategies to ensure I am trading appropriately, and if I had read this book beforehand I would certainly not have been so foolish with my money.

LR Thomas again successfully addresses a very important issue in building your foundation for trading independently and with a sensible risk management tool on how to guard against over trading.

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